April 2025

Playbook 'The Magazine'



A free resource offering some insights into Human Design, Gene Keys, the next level of self awareness that offer precious insights into you.

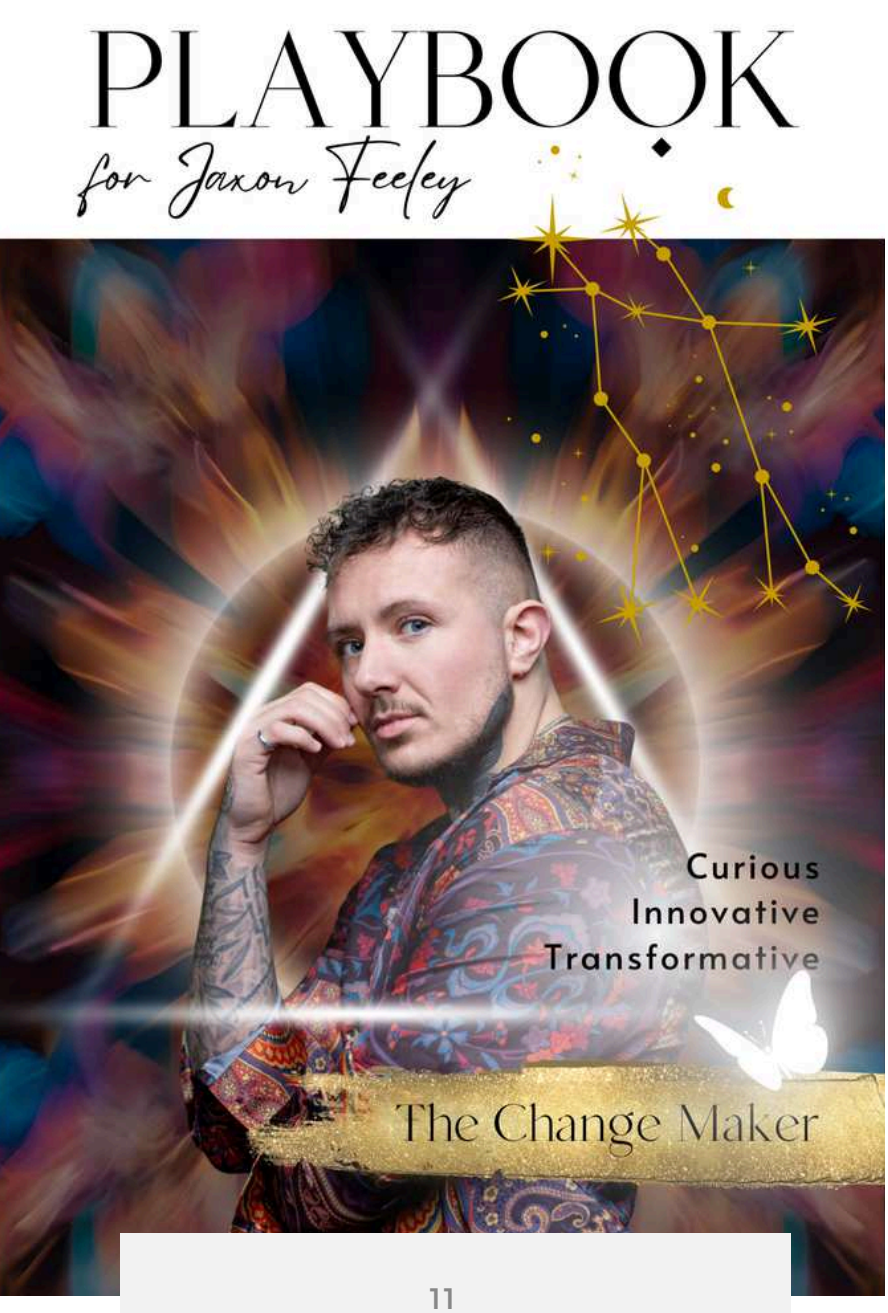
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PLAYBOOK MAGAZINE

When you're building a movement like the #playbookrevolution, the question that I most often ask myself is,

"What feels right?"
"How can I offer more?"

The idea for a magazine—sharing insights on Human Design, Gene Keys, and of course, the Playbooks—has been gently brewing in my field for some time.

Like the Playbooks themselves, this needed time to percolate. As someone with an emotional authority, I've learned to honour the wisdom of my emotional wave—waiting, feeling, discerning—until the moment feels undeniably right.

That moment is now.

I can see the need for authenticity in the collective. As we move into 2027 when the background frequency shifts we are all – right now – being invited into our truth.

So many are choosing who they are over the need to simply belong, and I am so here for that.

This is my intention for you. Through sharing my take on Human Design, Gene Keys I hope I will inspire you to choose your truth.



Welcome to The Playbook Magazine—a free resource crafted as an invitation into my world.

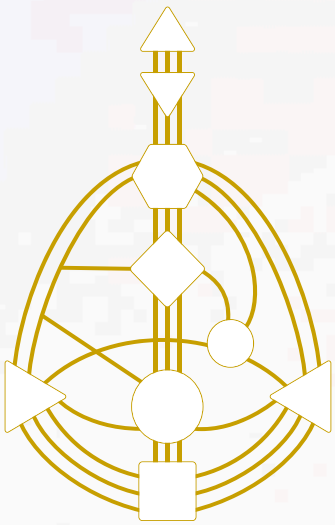
This is the first edition, ready for you to explore.

Much love,

Sue

www.playbookrevolution.com

Human Design is your destiny, literally.



Human Design is the tool to remind you of your talents, gifts, strengths and learn your natural flow of energy.

It is a synthesis of ancient and modern sciences. A fundamental aspect of Human Design is based on what is scientifically known as Neutrinos.

Neutrinos have an infinitesimally small amount of mass. This small amount of mass is manufactured in the stars. As this passes through us it leaves information. At the moment of birth we are imprinted by the information carried in the neutrino stream via the planets.

This is the information contained in the Human Design bodygraph.

Your destiny.
Your energetic intelligence.

The information that is the gateway to understanding your nature, your potential and how you are here to interact with the world.

The reason I love Human Design so much is because of the ethos of the system. It is called 'The Science of Differentiation' for a reason.

"One size does not fit all" – learning you, your true self, what is correct for you, your natural energy and learning 'how' you interact in the world is what creates your magnetism.

It is no longer the era of removing, it is now about remembering. When you learn, and live, by design you are able to,

1 Identify your openness to unlearn your programming and conditioning (your not self) and come back to you. (Mind)

2 Make tweaks, shifts and changes in how you are living (in life & business) to match your natural flow of energy - learn to build your way. (Body)

3 Identify your definition and remember your gifts, strengths and talents. - your true self. (Soul)

ILLUMINATED ESSENCE: A DEEP DIVE INTO YOUR SUN

By Sue Jones-Miranda

There are many – and I mean MANY – different layers to you, and therefore many – and I mean MANY – different layers to your chart.

I have been on my experiment for 10 years now, and I am still learning.

When I ask people if they know their Human Design they always respond with their type 'yes I am a Manifestor' or 'yes I am a Generator' and whilst this is an element of your chart YOU ARE SO MUCH MORE THAN THAT.

In Human Design, your Conscious Sun (often just called your "Sun Gate") represents the core frequency you're here to shine into the world. It's your greatest gift, your life's creative force, and often the energy others feel most strongly from you.

If Human Design is your energetic operating system, your Sun is the main program running it. It's the theme you're here to embody over and over again—not through effort, but through being.

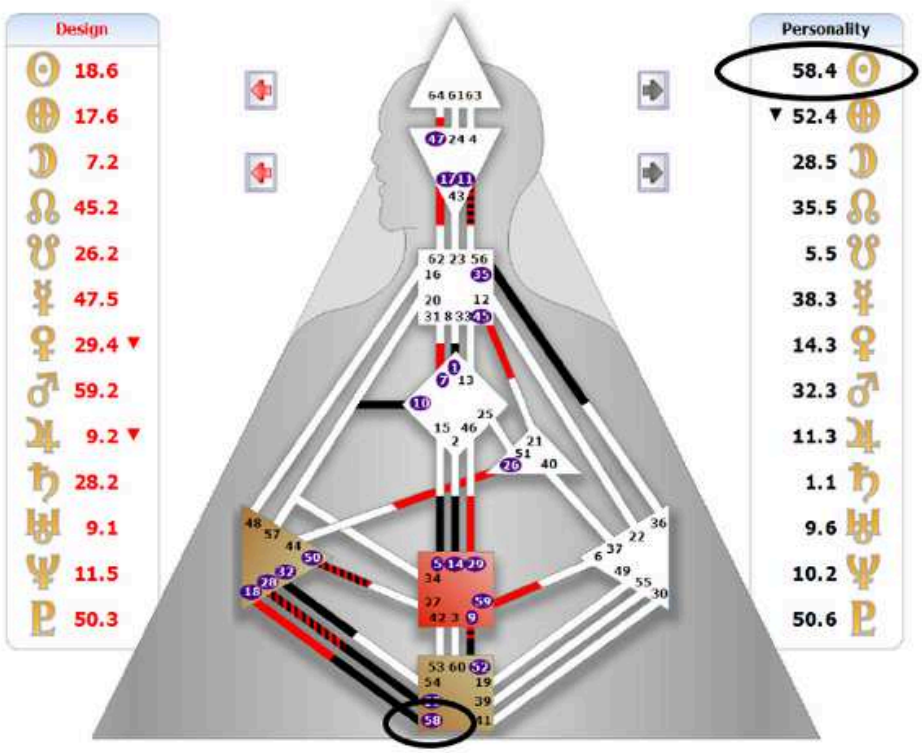
When you align with this part of yourself, life feels more alive, magnetic, and deeply satisfying.

Learning your Sun helps you SEE YOU; so then you can BE YOU.

Let's take Dani Wallace as an example. (If you don't know who Dani is then go and follow her – www.instagram.com/thequeenbeedani)

Her Conscious Sun is Gate 58.

Dani's Chart – her conscious Sun is circled, you can see it's in her Root Energy Centre



Now this number may not mean anything to you – and this is the information your Playbook provides – but Gate 58 is The Joy of Vitality.

In a nutshell it means, her essence is JOY.
What gift does Dani spread to the world? JOY.

Can you see how her success is because she is the embodiment of this and now spreads this frequency to everybody else. When Dani acts from true joy, then transformation becomes natural and contagious. – *I mean have you been to one of her events?*

So, when I say you are SO MUCH MORE this is what I mean. You are a synthesis of frequencies, here to play and dance in a beautiful dynamic.

A great place to start is your Conscious Sun. Look at your chart and your Conscious Sun, and you can either google to discover the frequency or pop me an email and I'll share what I know.

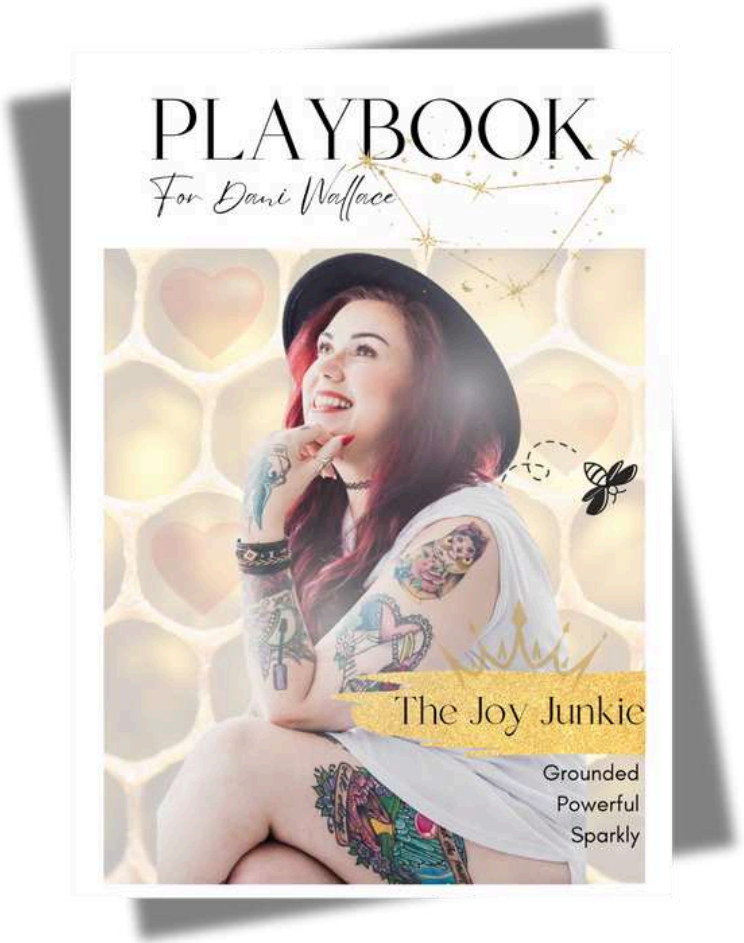
As for Dani. When I created her Playbook I did not know her in the same capacity I do today. I looked at her charts and intuitively pulled out her essence... and what did I call her?

THE JOY JUNKIE of course!

You cannot make this magic up.

She is THE JOY JUNKIE, and
Grounded
Powerful and
Sparkly.

For those who know Dani, would you agree these are divine words to describe her?



This is why I love Human Design, and how I teach Human Design.

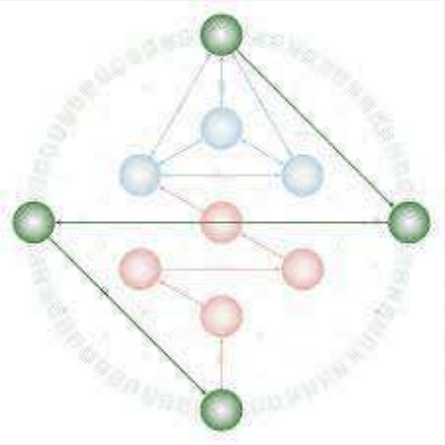
You're a whole universe wrapped in brilliance.
You just have to remember what your brilliance is.

You see it now, don't you? Being a Manifesting Generator, Projector, Manifestor, Reflector and Generator is only one piece of your magic.

You're so much more. So much more.

That's just the beginning.

Gene Keys, the sister of Human Design



Most people have heard of Human Design, but only a few are familiar with the Gene Keys—and honestly, that always surprises me.

To me, these two systems are made for each other. They're like soul sisters, each holding a vital piece of the puzzle. That's exactly why your Playbook is a fusion of both.

Human Design is the masculine system, showing you how you naturally operate and 'do' things, and Gene Keys is the feminine, showing you who you are so you can 'be' them.

Gene Keys was founded by Richard Rudd, a long-time student of Human Design. He became deeply fascinated with the Incarnation Cross—the four Gates that form the foundation of your life's purpose (your Sun and Earth Gates).

From that obsession, a new transmission was born, the Genius Sequence, the heart of the Gene Keys journey.

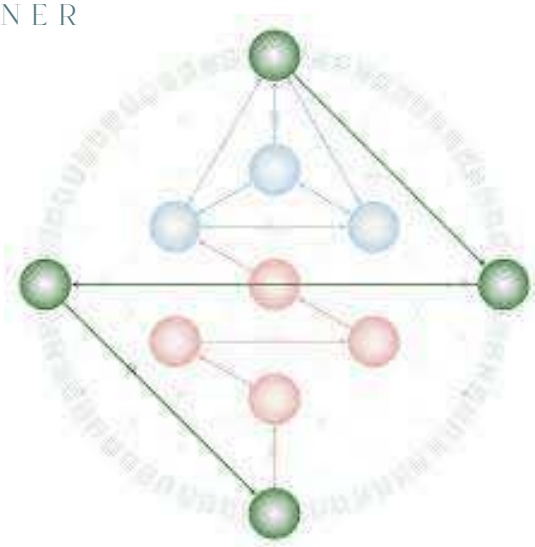
Here's how I see it:

Human Design is your HOW
I*t reveals the way you're designed to operate in the world—your strategy, authority, energy type, and more. It's your personal operating system.*

Gene Keys is your WHO
It invites you into deep contemplation of your nature, your patterns, and your potential. It shows you who you're here to be—your essence, your shadows, and your gifts.

Together, they unlock something profound: Who you came here to be—and how to live that truth with flow, grace, and power.

#togetherisbetter



GENE KEYS: YOUR GENIUS SEQUENCE

By Sue Jones-Miranda

The Genius Sequence is your foundation. These are the green spheres on your chart.

I like to think of you as a tree, and the 4 spheres in the genius sequence form the trunk of your tree. It is the activation of these that provides you with a strong sense of clarity and worth. **You truly know who you are.**

The 4 spheres are Life's Work, Evolution, Radiance and Purpose.

Your Genius sequence is your Incarnation Cross in Human Design.

What does this mean?

It is your most prominent energy, collectively they make up about 70% of your energy.

When you begin to contemplate and play with your Activation Sequence, you unlock powerful clues about your purpose here on Earth.

This sequence is your foundation—it anchors you in the physical world so that you can truly build—in business, in life, and in your unique creative expression.

Life's Work



Your Life's Work is where you, and your purpose, meet the outside world.

In Human Design this sphere is your Personality Sun, the line of this sphere forms the first line of your profile.

Evolution



Both your Evolution and Life's Work are the challenges you will face throughout your life. Your wisdom lies in these challenges.

In Human Design this sphere is your Personality Earth.

Radiance



Your radiance dictates your health and vitality. it is what will attract the right people and experiences for you.

In Human Design this sphere is your Design Sun, the line of this sphere forms the second line in your profile.

Purpose



Your purpose is a state of consciousness. For me, your purpose is to fill your physical body with this state of consciousness.

In Human Design this sphere is your Design Earth.

That's why, in the Gene Keys, this sequence comes first. Without this deep inner rooting, anything you build risks feeling unstable. It's the solid trunk of your tree—the part of you that needs to be deeply grounded before the branches can stretch skyward.

Look specifically at your Genius Sequence—the green spheres on your chart.

These are:

- Life's Work
- Evolution
- Radiance
- Purpose

These four keys represent your core stability, and together they hold the codes to your gifts, your challenges, your light, and your path to deep alignment.

As you explore, bring awareness to the shadow frequency of each sphere.

Ask yourself:
Where do I notice this playing out in my habits or behaviour?
Is this pattern keeping me from embodying my true gifts?

The shadows are not "bad"—they're simply portals to your transformation. Often, they're tied to personal wounding or unresolved trauma. But within them lies the opportunity to reclaim your gifts, your natural strengths (as seen in your Human Design chart), and ultimately, to step into the truth of who you are.

Here's a simple practice:
Write down the Gift of each of the four spheres on a post-it note or somewhere you'll see often. Let these words become your anchors. Your reminders.

Because this perception—the Gift frequency—is your truth. Shifting your awareness here will shift your life.

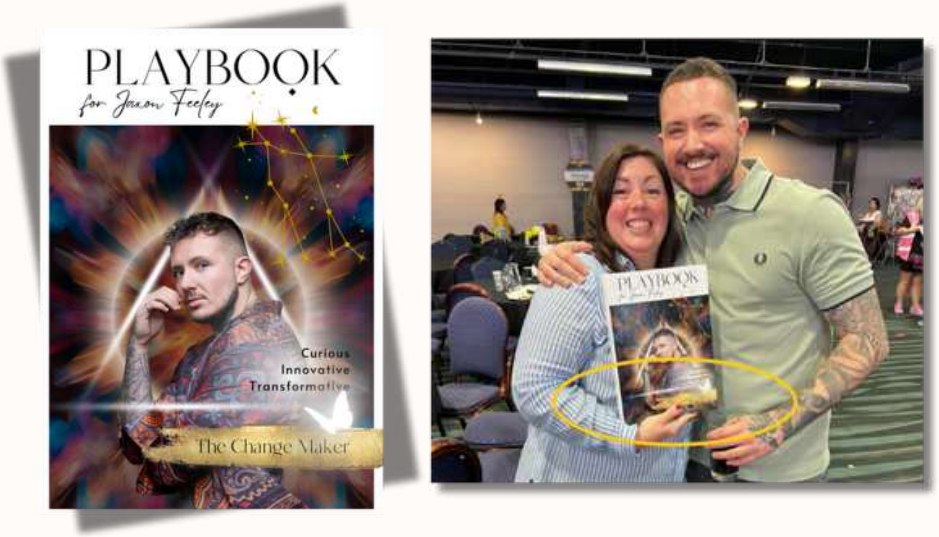
Your Gift is where I invite you to focus your energy.
The Shadow may be the trigger, the initiation point—but it's not where you need to stay.

And what about the Siddhi, you ask?
You're not here to live constantly in the Siddhi. These are fleeting moments of grace, deep realisations of universal truth that move through you like light. They're beautiful and profound—but they're not a destination.

You'll experience them, yes. And then, lovingly, you'll return to your human form—to continue your journey, to go deeper.

And that's the true path of mastery.

JAXON FEELEY



If you were at The Big Festoon, you would've had the privilege of hearing this phenomenal Soul speak. When I listened to Jaxon, I cried—deep, soul-shifting tears.

Partly because their story and their presence are nothing short of extraordinary. And partly because, as they spoke, I was transported back to the moment I created their Playbook... and saw the words on the cover - **The Change Maker.**

These words aren't chosen at random. They come through me—intuitively received after I've worked with your charts and connected with your essence. And Jaxon?
They are The Change Maker, through and through.

Their journey is living proof. And now, they're sparking that same transformation in others. I was in floods of tears—moved beyond words—and I had the absolute joy of sharing that with Jaxon when I handed them their book.

This is why I love these books so deeply. They're not just beautiful objects, they're your Soul's Modus Operandi—a deep remembrance of who you truly are.

It's a journey. And honestly? One of my greatest joys is witnessing how these books align with who someone already is at their core.

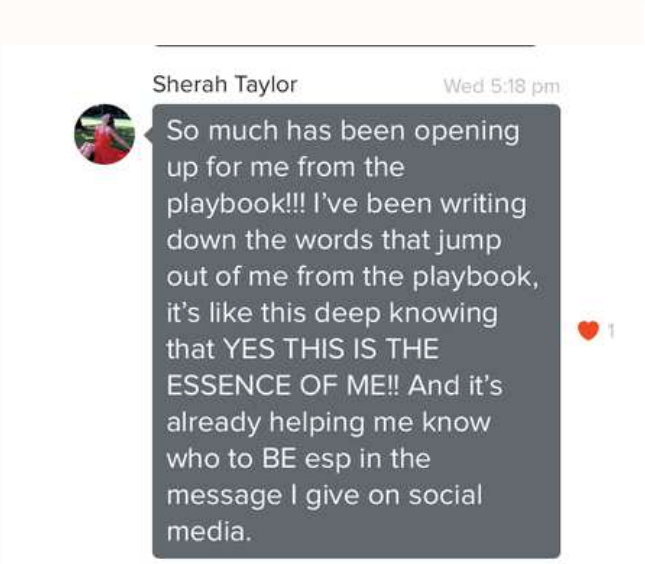
Jaxon is one of those radiant souls. A living embodiment of the title they were given. And I'm just so grateful to witness it.

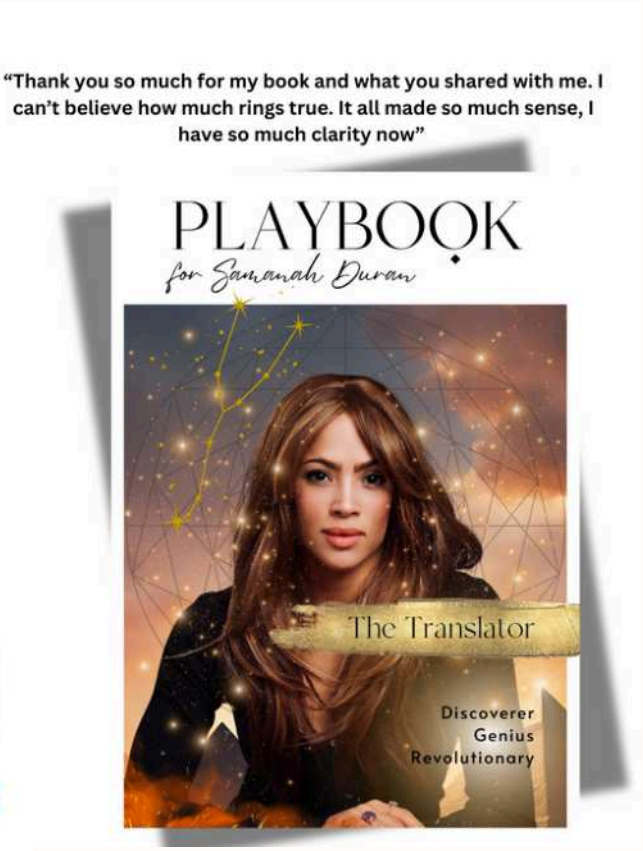
COMMUNITY LOVE

I've been creating Playbooks since the end of 2021 and it warms my heart every time somebody messages me or comments how they are still using their book, or rediscovering it and the magic within.

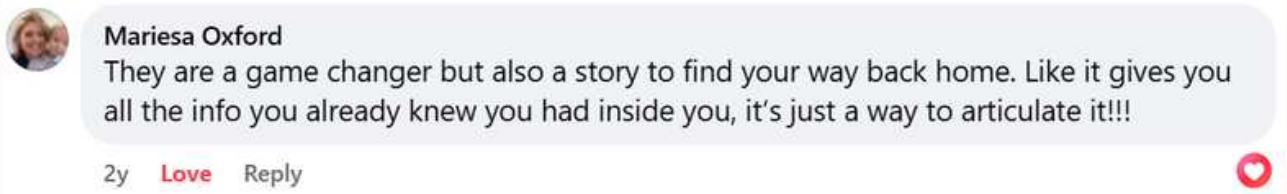
Here are just some of these comments and community love I have received over the years.

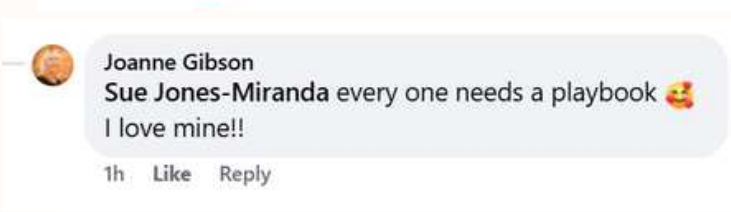
If you're curious how the books are created then head on over to my Instagram where I share this – CLICK HERE



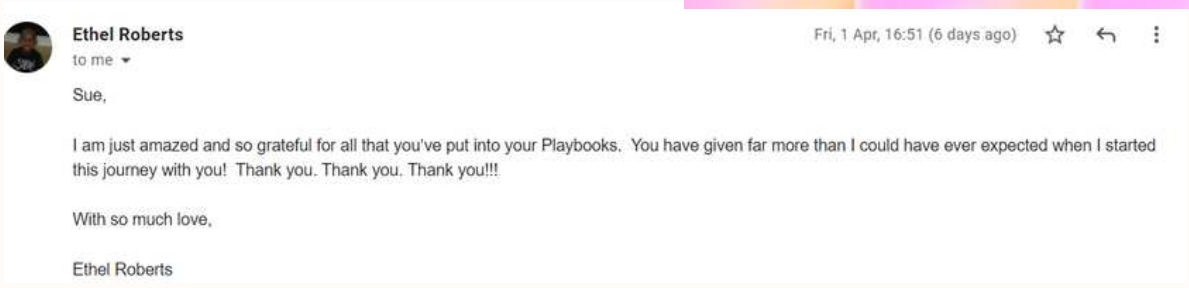












Want your Playbook?

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Scan me

Want to learn more? CLICK HERE

Book Sue as a Speaker:

Sue is also a dynamic speaker and offers impactful talks, engaging workshops, and transformative masterclasses designed to inspire and empower.

If you would like to book Sue then message her: **sue@suejmiranda.com**



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'YOU'RE NOT THE PROBLEM, THE OLD PARADIGM IS'

"The problem that we have now is that we live in a digital world but all of society is built for the industrial revolution system, which means ***we are playing by an old set of rules and going through a schooling system that is preparing them for a world that no longer exists."***

Daniel Priestley

The Playbook Revolution is not just about personal growth—it's about reshaping education, moving away from the current one-size-fits all model to one that honors individuality, energy dynamics, and true purpose.

Energetic education, through Human Design & Gene Keys, are how we are pioneering a new way of learning that empowers individuals.

Our Playbooks are the foundation of this transformation.

Investing in your Playbook gives you the depth to truly understand yourself and the clarity to move forward with confidence.

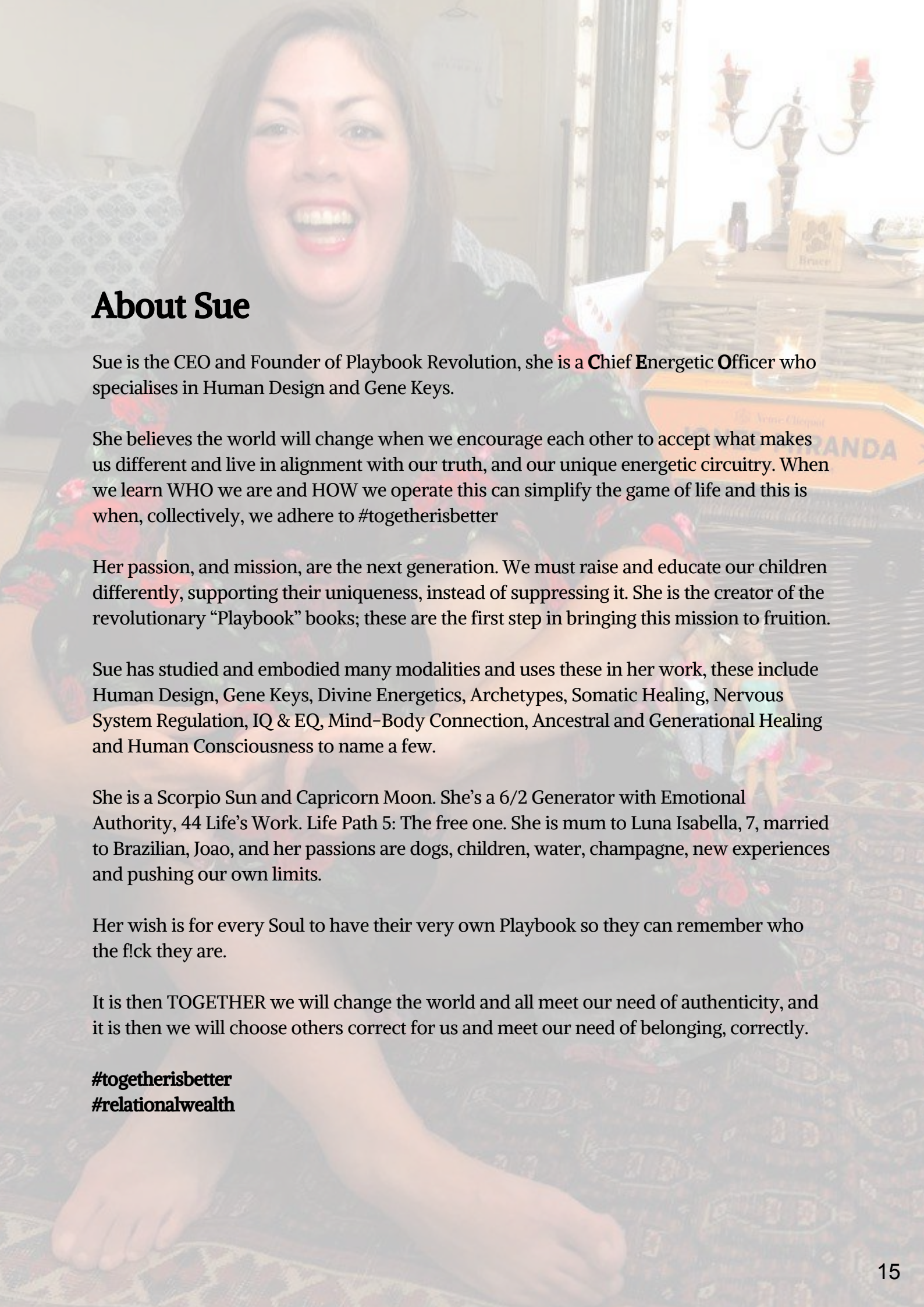
It teaches you what the traditional education system never did— your unique energy, strengths, and purpose.

The most valuable education you can ever invest in is YOU.



IT IS NOT JUST A BOOK - IT'S PART OF A REVOLUTION

www.playbookrevolution.com



About Sue

Sue is the CEO and Founder of Playbook Revolution, she is a **C**hief **E**nergetic **O**fficer who specialises in Human Design and Gene Keys.

She believes the world will change when we encourage each other to accept what makes us different and live in alignment with our truth, and our unique energetic circuitry. When we learn WHO we are and HOW we operate this can simplify the game of life and this is when, collectively, we adhere to #togetherisbetter

Her passion, and mission, are the next generation. We must raise and educate our children differently, supporting their uniqueness, instead of suppressing it. She is the creator of the revolutionary "Playbook" books; these are the first step in bringing this mission to fruition.

Sue has studied and embodied many modalities and uses these in her work, these include Human Design, Gene Keys, Divine Energetics, Archetypes, Somatic Healing, Nervous System Regulation, IQ & EQ, Mind–Body Connection, Ancestral and Generational Healing and Human Consciousness to name a few.

She is a Scorpio Sun and Capricorn Moon. She's a 6/2 Generator with Emotional Authority, 44 Life's Work. Life Path 5: The free one. She is mum to Luna Isabella, 7, married to Brazilian, Joao, and her passions are dogs, children, water, champagne, new experiences and pushing our own limits.

Her wish is for every Soul to have their very own Playbook so they can remember who the f!ck they are.

It is then TOGETHER we will change the world and all meet our need of authenticity, and it is then we will choose others correct for us and meet our need of belonging, correctly.

#togetherisbetter
#relationalwealth